

St Luke UMC

501 E 19th Street N
Newton, IA 50208
641-792-5736

August 15, 2022



THE BI-WEEKLY Flame CATCH THE FIRE!

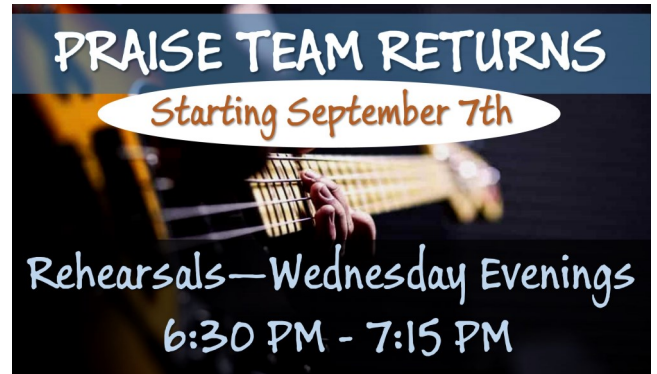
STUDENT KITs for MMDC collection Continues

In the past two editions of *The Flame*, we have listed a portion of the Student kit supplies. In this issue, I am giving you the entire list of student kit supplies.

- Unsharpened pencils
- Boxes of 12 color pencils
- Boxes of 24 crayons
- Erasers (2" or larger)
- Handheld Pencil Sharpeners
- 12" rulers (with metric measurements)
- New Student scissors
- One Subject Notebooks

Please place kit supplies either in the Ingathering basket on the mission table or on the Missions table itself. Full lists of all kits are available on the table for you to pick up and take with you. Thank you in advance for any and all supplies that you donate. Supplies will be delivered to Midwest Mission Distribution Center when we next send a team to Chatham.

Corinne Kleppe, NOW Missions



SING HIS PRAISES

I will sing the praises of the name of the LORD Most High. (Psalm 7:17b)

It's been a while since our Praise Team has been a part of our worship services. It is time to change that!

Praise team will be returning this September! Rehearsals will begin on Wednesday September 7th at 6:30 pm in the sanctuary. If you are interested in joining us, we will love having you as part of our team. We will meet for 45 minutes on Wednesday evenings from 6:30 to 7:15 pm. Hope to see you there.



Discover Hope Thank You

We would like to give a big thank you for everything that was donated for the August Discover Hope meal. We greatly appreciate the generosity of our St Luke family. The meal that we provided for August was baked potatoes with hamburger, cheese, black olives, sour cream, butter, broccoli, applesauce and cookies for dessert. A big thank you also to everyone that came and helped with preparing the food and those that helped to serve the meal at Discover Hope.

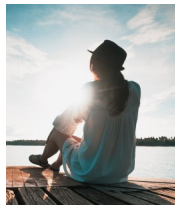
Peg Ehler, Jan Lewis &
Joyce Stonehocker



Can't Pray? First Rest!

Weariness can seriously hamper our attempts to pray, says Bonnie Gray, author of *Whispers of Rest*. "We are a generation who doesn't know how to express our souls to God, even though we drive ourselves exhausted, doing for Jesus." The solution, she says, is to stop and rest.

The stressed-out, despairing prophet in 1 Kings 19 is a prime example. "God knew Elijah needed physical rejuvenation first — in order to hear his gentle voice, whispering in a gentle breeze," Gray notes. Guarding against the depletion of spiritual, physical and emotional resources can improve our ability to hear God's voice, too. "When you find it's hard to pray, don't be afraid," says Gray. "You're standing at the very cusp of who God longs to connect with. The real you. Take the time to rest. You're worth it."



Coffee & Chat

MercyOne Newton Medical Center is now sponsoring a grief support group using materials from Alan D. Wolfelt, Ph.D., of the Center for Loss and Life Transition. The group meets on the 2nd Thursday of each month from 9:30 AM—11 AM in the MercyOne in-service room. Refreshments will be provided. Please RSVP by calling 515/643-6150.



Grief
Support
Group

Charge Conference



The annual Charge Conference will be held on Sunday, October 16 at 3:30 pm at First United Methodist Church in Newton.

St Luke Produce Table

Bring produce or take produce in exchange for a free-will donation in the Red Bucket for St Andrew Produce Project.



St Luke News

Our heartfelt condolences and prayers go out to the Rhone family on the passing of Myron Rhone.

Our sympathies and prayers go out to the Bleeker family on the loss of Dawn's father, Jimmie Braudt.

Safe and Secure

The Resurrection is an exploding flare announcing to all sincere seekers that it is safe to believe. Safe to believe in ultimate justice. Safe to believe in eternal bodies. Safe to believe in heaven as our estate and the earth as its porch. Safe to believe in a time where questions won't keep us awake and pain won't keep us down. Safe to believe in open graves and endless days and genuine praise.

Because of the Resurrection, everything changes. Death changes. It used to be the end; now it is the beginning.

—Max Lucado, *When Christ Comes*

Helping Hand Offering

The United Methodist Women are collecting children's socks and underwear through September for local school children. There is a basket for donations by the bulletin board in the Narthex.

Socks &
Underwear



Experience Midwest Mission

AUGUST 27TH | HANDS-ON MISSION EVENT IN ANKENY, IOWA

Help us pack **8,400 Rice Meal bags**
that will feed **50,400 people in Ukraine.**

Learn about the different ways you can put your faith into action and be the hands and feet of Jesus in a practical way. We will be showing how we pack our different kits, sharing simple ways to get involved, explaining the disaster response ministry, and packing rice meal bags for Ukraine.

You will see how you can partner with Midwest Mission by doing easy mission activities like these at your church. This is a great way to invigorate congregations and attract new people.

GET INVOLVED

Be a part of this great mission volunteer experience for all ages and abilities.

give

Help us raise \$16,800 to fund the meals that will be packed. Each meal costs 34 cents. Fun and experiential activities are a great way to get other people involved.

Donate to the project:
midwestmission.org/donate

promote

All meals are going to Ukrainian refugees to meet basic needs in war-torn areas. We need your help to get the word out. This is for those both in church and not involved in church to experience the joy that comes from service. Visit midwestmission.org/help-ukraine for more info.

serve

You can volunteer in 1-hour shifts to pack Rice Meals. Sign up at midwestmission.org/help-ukraine

You will have the opportunity to learn more about Midwest Mission opportunities through hands-on activities. You will learn about the UMC disaster response ministry and Home Care, School, Personal Dignity, and Layette Kits. More info: midwestmission.org/help-ukraine or contact Gene: 217-457-4400 or gene@midwestmission.org

SERVE

August 27th
8:00am-4:00pm
United Methodist
Christian Life Center
710 NE 36th St.
Ankeny, IA

WORSHIP ASSISTANTS	
August 21	9:30 AM
Ushers (2)	Corinne Kleppe
Greeters (2)	Bruce & Leslie Maach
Reader	Leslie Maach
Acolyte	Rachel Pageler
Keyboard	Bev Thomas
Projection	Peg Ehler
Care Core	Joyce Stonehocker, Karen Clark
Coffee Time	Peg Ehler
Counters (2)	

August 28	9:30 AM
Ushers (2)	Mike & Barb Kaldenberg
Greeters (2)	Joyce Stonehocker
Reader	Barb Kaldenberg
Acolyte	Nathan Figland
Keyboard	Jan Lewis
Projection	Peg Ehler
Care Core	Barb Kaldenberg
Coffee Time	Peg Ehler
Counters (2)	

Sept. 4	9:30 AM
Ushers (2)	
Greeters (2)	
Reader	
Acolyte	
Keyboard	Jan Lewis
Projection	
Care Core	Barb Swihart, Amy Murphy
Coffee Time	
Counters (2)	

Sept. 11	9:30 AM
Ushers (2)	Karen Clark
Greeters (2)	
Reader	
Acolyte	
Keyboard	Bev Thomas
Projection	
Care Core	Jenni Patty, Lisa Marston
Coffee Time	Figland Family
Counters (2)	

Worship Assistants For August & September

We are looking for volunteers to be worship assistants for the months of August & September. If you would like to volunteer you can email the church office at: worship@stlukenewton.com, use the sign-up sheets on the



servant's counter or you can add your name to our online sign-up sheet. Here is the link to sign up online:

<https://docs.google.com/document/d/1LV73f57IkMBVLyocfiFvS7GsvYM03YPBSzoXUhXQL7s/edit?usp=sharing>

We still have quite a few openings so please sign up if you are able. We appreciate all those who have so willingly volunteered to help. Thank you!



Where to Find Us

Pastor: Rev. Chad Jennings
chad.jennings@stlukenewton.com
 Office: 641-792-5736 Cell: 319-929-1867
Adm. Assistant: Jennifer Etter
 Church Office Hours: Mon.-Thurs. 3:15-6:15 pm
worship@stlukenewton.com
 Phone: 641-792-5736
Newsletter Editor: Corinne Kleppe
corinne.kleppe@grinnellmutual.com
 Phone: 641-831-2639
Article Submission by the 13th of month.
Website: www.stlukenewton.com
Website Manager: Stephen Pageler
Facebook: [St Luke Newton](https://www.facebook.com/StLukeNewton)
Prayer: prayer@stlukenewton.com

Worship Assistants

Please find a sub or trade if you cannot do it as scheduled. Then contact the church office so we can print correct names.



Superior BANANA SPLIT

Fruit and yogurt combine for this healthy take on a sweet treat.



What you need:

- Bananas
- Plain Greek yogurt
- Assorted berries and fruit
- Granola
- Honey

What you do:

1. Using a butter knife, split the banana in half length-wise. Lay the halves open in a bowl.
2. Add several dollops of yogurt atop the banana halves.
3. Arrange other fruit, such as berries and grapes.
4. Top the banana split with a sprinkle of granola and a drizzle of honey. Enjoy!

Puzzle!

Solve this cryptogram puzzle, using the clues R=l and M=T, to complete Psalm 111:10, NIV.

M Y L C L O Q Z C M Y L

P Z Q N R V M Y L

H L D R F F R F D Z C G R V N Z U ;

O P P G Y Z C Z P P Z G

Y R V B Q L T L B M V

Y O K L D Z Z N

J F N L Q V M O F N R F D

M Z Y R U H L P Z F D V

L M L Q F O P B Q O R V L

PSALM 111:10, NIV

Answer: The fear of the Lord is the beginning of wisdom; all who follow his precepts have good understanding. To him belongs eternal praise. Psalm 111:10, NIV